East Carolina University.

Pirate Safety Guide



General Preparedness and Safety Tips

Being prepared for an emergency is every Pirate's responsibility. Here are some tips to help you be Pirate Ready!

- Dial 9-1-1 from your cell phone or campus phone when you need Police, Fire, or Emergency Medical Services. Remain calm; your actions influence others.
- Sign up for ECU Alert at www.ecu.edu/alert. It will provide official information and instructions during an emergency.
- Always lock your door and secure your valuables to protect yourself and your personal property.
- Create a contact in your cell phone called I.C.E. (In Case of Emergency) with your emergency contact information.
- Get to know where blue light phones are located.
 They connect directly to ECU Police.
- Use ECU SafeRide to catch a ride after dark.
 Call 252-ECU-RIDE (328-7433).



How Do I Report An Emergency or Crime?

Police/Fire/Medical: Report all emergencies or crimes by dialing 9-1-1 from your cell phone or campus phone.

- Tell the telecommunicator you are at ECU, and give the building name or, if you know it, the building address.
- Describe the nature of the emergency clearly and accurately.
- Remain calm and do not hang up, as additional information may be needed.
- Get to a safe location before calling authorities.
- Call or text ECU Police using the LiveSafe app.



What If There is a Medical Emergency?

Provide plenty of space for the victim and emergency personnel.

- Call 9-1-1. Send someone outside to escort emergency medical personnel to the victim.
- Unless they are in immediate danger, do not move any victims until emergency personnel arrive.
- If properly trained, give appropriate first aid and/ or CPR until emergency personnel arrive.



How Do I Evacuate Campus Buildings?

Know at least two evacuation routes. Look for illuminated EXIT signs.

- When the fire alarm sounds, you must evacuate. Do not use elevators.
- Encourage others to evacuate with you. Do not wait for those who refuse to leave.
- Provide emergency personnel the location of people still in the building after you evacuate.
- Go to the designated evacuation assembly area for the building, or move at least 100 paces away from the building to provide space for emergency personnel.

Register for ECU Alert

Go to www.ecu.edu/alert to register to receive text messages on your cell phone during an emergency. Rely on official information from ECU Alert to keep you informed during a campus emergency.

For More Safety Information

ECU Police Department www.ecu.edu/police

Environmental Health and Safety www.ecu.edu/oehs

ECU Cares

www.ecu.edu/ecucares

ECU Alert Information www.ecu.edu/alertinfo

All information can be found in the Quick Guide to Emergencies on the LiveSafe app (which is free to download).



LiveSafe

Stay connected. Be empowered.

Make a difference.









an Individual with a Disability?

For more information about special assistance, contact **ECU Disability Support** Services (252-737-1016).

- Mobility Impaired: Guide the person to the nearest exit stairwell or safe area of refuge. Never use elevators. Call 9-1-1 or report the individual's location to emergency personnel on the scene.
- Blindness or Visual Impairment: Clearly announce the emergency. Offer your arm for guidance. Lead the person and warn them of obstacles.
- Deaf or Hard of Hearing: Signal for the person's attention by touch or turning lights on and off. Indicate what is happening through gestures or a written note.



What If There is a Weather or Outdoor **Emergency?**

Shelter-in-place may be necessary during a tornado or other severe weather warning or an environmental emergency.

- Find a sturdy building and go inside. Follow instructions from faculty and staff.
- Stay away from windows, glass, and objects that could fall on you.
- Seek additional information on the ECU Alert website (www.ecu.edu/alert) and tune into local media resources for emergency information.
- For weather information, visit www.weather.gov.



pitt-nc.weatherstem.com/ecu



Look Out for Yourself, Friends, and Coworkers

Trust your instincts; if it feels wrong, it probably is. Contact police (call 9-1-1 for assistance).

- Use the SafeWalk feature on the LiveSafe app to look out for others.
- Use a buddy system. Make sure all friends that arrived are accounted for when you head home.
- The safest choice is not drinking alcohol. If you choose to drink alcohol, drink responsibly and make sure that friends watch out for other friends.
- When going out at night, have a plan for how to get home. Always have a friend available to pick you up if you get stuck at a party or location where you feel uncomfortable.

Like "East

on Facebook

Carolina University"

Follow "@ECUalert,"

"@EastCarolina,"

"@ECUWxSTEM"

"@ECUPolice"

on Twitter and



What If There is **Violence or an Active Assailant?**

ECU Alert may announce a lockdown. Follow the Run-Hide-Fight tips.

- Know your surroundings. Think of an escape route and a plan.
- Run immediately. Leave your belongings behind.
- If not in or near a building, exit campus until situation is resolved.
- Only call 9-1-1 if you have information regarding the situation.

Hide

- If you can't escape, hide in an area out of view.
- Lock or barricade the door and turn off lights.
- Silence cell phone (including vibrate mode) and remain quiet. Message ECU Police with LiveSafe.
- Take cover behind large objects away from doors and windows.

Fight

- Fight as a last resort and only when your life is in imminent danger.
- Use items around you as weapons.
- Attempt to incapacitate the shooter.
- Commit to your actions; your life depends on it.





Stav connected. Be empowered. Make a difference.





ECU Cares Emergency Numbers (252 Area Code)

Get ECU Alert Information www.ecu.edu/alertinfo

ECU Police

Emergency 911 Non-Emergency 328-6787 Emergency

ECU Police 328-6150

TDD328-4827 Counseling Center... 328-6661 Student Health..... 328-6841 ECU Cares...... 737-5555 Victims Advocate737-1466 (after hours) 328-6787 Control 1-800-222-1222

REAL Crisis Center . . 758-4357

SafeRide 328-7433

ECU Cares is a resource for students, faculty, staff, and all members of our campus community to submit reports about concerning behavior or safety concerns. We all have a responsibility in keeping our campus community safe. Therefore, if you see something concerning, say something-make a report to ECU Cares. Reports can be made

Additionally, ECU Cares provides information about resources available on campus to assist members of the campus community who have concerns about their or someone else's physical health, emotional/mental health, safety concerns on or off campus, or may have been a victim of a crime, including sexual violence.

You can access ECU Cares by calling 252-737-5555 or going to www.ecu.edu/ecucares.